

September Breakfast Menu

3 NO SCHOOL HAPPY LABOR DAY	4 NO SCHOOL SCHOOL IMPROVEMENT DAY	5 Chocolate Chip Muffin w/ Cheese Stick Choice of Fruit & Milk	6 Cinnamon Toast Crunch Bag w/ Cheese Stick Choice of Fruit & Milk	7 Fudge Pop Tart (Whole Grain) w/ Cheese Stick Choice of Fruit & Milk
10 Apple Cinnamon Muffin w/ Cheese Stick Choice of Fruit & Milk	11 Cinnamon Toast Crunch Bag w/ Cheese Stick Choice of Fruit & Milk	12 Blueberry Muffin w/ Cheese Stick Choice of Fruit & Milk	13 Strawberry Pop Tart (Whole Grain) w/ Cheese Stick Choice of Fruit & Milk	14 Trix Cereal Bar (Whole Grain) w/ Cheese Stick Choice of Fruit & Milk
17 Cocoa Puff Cereal Bar (Whole Grain) w/ Cheese Stick Choice of Fruit & Milk	18 Chocolate Chip Muffin w/ Cheese Stick Choice of Fruit & Milk	19 Apple Cinnamon Nutrigrain Bar w/ Cheese Stick Choice of Fruit & Milk	20 Banana Muffin (NO NUT) w/ Cheese Stick Choice of Fruit & Milk	21 Blueberry Nutrigrain Bar w/ Cheese Stick Choice of Fruit & Milk
24 Mixed Berry Rice Krispie Bar (Whole Grain) w/ Cheese Stick Choice of Fruit & Milk	25 Blueberry Muffin w/ Cheese Stick Choice of Fruit & Milk	26 Strawberry Nutrigrain Bar w/ Cheese Stick Choice of Fruit & Milk	27 Cocoa Puff Cereal Bar (Whole Grain) w/ Cheese Stick Choice of Fruit & Milk	28 Fudge Pop Tart w/ Cheese Stick Choice of Fruit & Milk

Breakfast is offered daily for \$1.00

Have Questions?

Contact Cheryl Witas at 708-614-4500 or cwitas@district146.org