

CCSD146 Parent & Play Group Schedule

January 29 th (9:30am)	How To Make Healthy Food Choices
February 7 th (1:00pm)	Next Steps for When Your Child Won't Listen
February 26 th (9:30am)	Developing Literacy through Play
March 7 th (1:00pm)	Benefits of Bilingual Homes
March 19 th (9:30am)	Parent Child Yoga
April 4 th (1:00pm)	Transitioning to Preschool
April 30 th (9:30am)	Kindergarten Readiness
May 2 nd (1:00pm)	Summer Break Community Resources
May 28 th (9:30am)	Avoiding Academic Summer Slide

Parent & Play Groups are offered for families with children ages birth to five who reside in CCSD146. During the parent workshop, children are supervised in our playroom by our Birth-3 Family Support Specialists. Parents and children are then invited to explore the playroom, engage in developmentally appropriate activities and encourage peer play.

Parents are encouraged to bring their children under the age of 5. However, please keep children in school, if they attend during the time of the event. Parents are still welcome to join us for learning and discussions! Group events are scheduled at different times each month to allow for all families to participate.

More information can also be found on our Birth-5 Programs page on the school district's website www.district146.org, or contact our Family Resource Coordinator at 708.614.4510 x4231.