

OCTOBER Lunch Menu

CCSD 146 Elementary



<p>2 FULTON FIESTA BAR Chicken Tenders w/BBQ sauce or All Beef Hot Dog or Yogurt Parfait Lunch Cherry Tomatoes Assorted Fresh Fruit Choice of Milk</p>	<p>3 FULTON DELI BAR Quest Turkey Burger w/American Cheese or Mini Pancakes w/cheese stick or Chopped Turkey Salad*GS Croutons & Breadstick on side Broccoli & Dip Assorted Fresh Fruit Choice of Milk</p>	<p>4 FULTON DELI BAR Popcorn Chicken Bowl or Classic Turkey Sandwich or Cheeseburger Mashed Potatoes Assorted Fresh Fruit Choice of Milk</p>	<p>5 Fiesta Nachos Grande (w/cheesesauce)*GS or All Beef Hot Dog or Chicken Bacon Ranch Wrap Seasoned Beans Assorted Fresh Fruit Choice of Milk</p>	<p>6 French Bread Pizza or Chicken Patty Sandwich Celery Sticks & Ranch Assorted Fresh Fruit Choice of Milk</p>
<p>9 NO SCHOOL LABOR DAY</p>	<p>10 FULTON DELI BAR Pizza Burger or Mini Pancakes w/cheese stick or Chopped Turkey Salad*GS Croutons & Breadstick on side Baby Carrots & Dip Assorted Fresh Fruit Choice of Milk</p>	<p>11 FULTON DELI BAR Double Turkey Tacos or Classic Turkey Sandwich or Cheeseburger Black Beans Assorted Fresh Fruit Choice of Milk</p>	<p>12 Rotini Pasta w/Meatballs or All Beef Hot Dog or Chicken Bacon Ranch Wrap Tossed Salad & dressing Assorted Fresh Fruit Choice of Milk</p>	<p>13 Stuffed Crust Pizza or Chicken Patty Sandwich Broccoli & Dip Assorted Fresh Fruit Choice of Milk</p>
<p>16 FULTON FIESTA BAR Bosco Sticks w/marinara or All Beef Hot Dog or Yogurt Parfait Lunch Baby Carrots & Dip Assorted Fresh Fruit Choice of Milk</p>	<p>17 FULTON DELI BAR Chicken Parmesan Bowl or Mini Pancakes w/cheese stick or Chopped Turkey Salad*GS Croutons & Breadstick on side Chilled Peas Assorted Fresh Fruit Choice of Milk</p>	<p>18 FULTON DELI BAR Chicken Tacos or Classic Turkey Sandwich or Cheeseburger Refried Beans Assorted Fresh Fruit Choice of Milk</p>	<p>19 Oven Baked Chicken *GS or All Beef Hot Dog or Chicken Bacon Ranch Wrap Baked Potato Half Assorted Fresh Fruit Choice of Milk</p>	<p>20 No School</p>
<p>23 FULTON BURGER BAR Jumbo Corn Dog or All Beef Hot Dog or Yogurt Parfait Lunch Baby Carrots & Dip Assorted Fresh Fruit Choice of Milk</p>	<p>24 FULTON DELI BAR Pizza Burger or Mini Pancakes w/cheese stick or Chopped Turkey Salad*GS Croutons & Breadstick on side Baby Carrots & Dip Assorted Fresh Fruit Choice of Milk</p>	<p>25 FULTON DELI BAR Walking Tacos *GS or Classic Turkey Sandwich or Cheeseburger Black Beans Assorted Fresh Fruit Choice of Milk</p>	<p>26 Chicken Parmesan Bowl or All Beef Hot Dog or Chicken Bacon Ranch Wrap Tossed Salad & dressing Assorted Fresh Fruit Choice of Milk</p>	<p>27 Stuffed Crust Pizza or Chicken Patty Sandwich Broccoli & Dip Assorted Fresh Fruit Choice of Milk</p>
<p>30 FULTON BURGER BAR Chicken Nuggets w/Roll or All Beef Hot Dog or Yogurt Parfait Lunch Baby Carrots & Dip Assorted Fresh Fruit Choice of Milk</p>	<p>31 FULTON DELI BAR Happy Halloween Monster Mash Bowl Or Witches Hat & Broom or Graveyard Tomb Stones Vampire Teeth Assorted Fresh Fruit Choice of Milk</p>	<p>Got Questions? Contact Cheryl Witas @ 708-614-4500 or email cwitas@district146.org Daily Lunch \$3.05 served with choice of sides and milk <u>*GS= GLUTEN SAFE: prepared without any wheat, but not guaranteed gluten free</u> DID YOU KNOW? All of our beef is 100%- no soy or tvp Non of our ingredients contain pork or non kosher gelatin Our turkey meatballs are all turkey, and our bacon is turkey Hot Dogs are 100% beef We offer daily a variety of FRESH fruits & vegetables with lunch All grains, breakfast entrees, pastas, rice and tortillas are all whole grain</p>		