

OCTOBER

Breakfast Menu



<p>2</p> <p>Fudge Poptart whole grain) w/cheese stick</p> <p>Choice of Fruit & Milk</p>	<p>3</p> <p>Cinnamon Toast Crunch Bag w/cheese stick</p> <p>Choice of Fruit & Milk</p>	<p>4</p> <p>Banana Muffin (NO NUT) w/cheese stick</p> <p>Choice of Fruit & Milk</p>	<p>5</p> <p>Strawberry Poptart (whole grain) w/cheese stick</p> <p>Choice of Fruit & Milk</p>	<p>6</p> <p>Soft Chocolate Chip Oatmeal Bar w/cheese stick</p> <p>Choice of Fruit & Milk</p>
<p>9</p> <p>No School Columbus Day</p>	<p>10</p> <p>Cinnamon Toast Crunch Bag w/cheese stick</p> <p>Choice of Fruit & Milk</p>	<p>11</p> <p>Blueberry Muffin w/cheese stick</p> <p>Choice of Fruit & Milk</p>	<p>12</p> <p>Strawberry Poptart (whole grain) w/cheese stick</p> <p>Choice of Fruit & Milk</p>	<p>13</p> <p>Soft Apple Oatmeal Bar w/cheese stick</p> <p>Choice of Fruit & Milk</p>
<p>16</p> <p>Cinnamon Frosted Poptart (whole grain) w/cheese stick</p> <p>Choice of Fruit & Milk</p>	<p>17</p> <p>Soft Strawberry Oatmeal Bar w/cheese stick</p> <p>Choice of Fruit & Milk</p>	<p>18</p> <p>Chocolate Chip Muffin w/cheese stick</p> <p>Choice of Fruit & Milk</p>	<p>19</p> <p>Cinnamon Toast Crunch Bag w/cheese stick</p> <p>Choice of Fruit & Milk</p>	<p>20</p> <p>NO SCHOOL</p>
<p>23</p> <p>Apple Cinnamon Muffin w/cheese stick</p> <p>Choice of Fruit & Milk</p>	<p>24</p> <p>Cinnamon Toast Crunch Bag w/cheese stick</p> <p>Choice of Fruit & Milk</p>	<p>25</p> <p>Blueberry Muffin w/cheese stick</p> <p>Choice of Fruit & Milk</p>	<p>26</p> <p>Strawberry Poptart (whole grain) w/cheese stick</p> <p>Choice of Fruit & Milk</p>	<p>27</p> <p>Soft Apple Oatmeal Bar w/cheese stick</p> <p>Choice of Fruit & Milk</p>
<p>30</p> <p>Cinnamon Frosted Poptart (whole grain) w/cheese stick</p> <p>Choice of Fruit & Milk</p>	<p>31</p> <p>Soft Strawberry Oatmeal Bar w/cheese stick</p> <p>Choice of Fruit & Milk</p>	<p>Breakfast is offered daily for \$1.00</p> <p>Got Questions? Contact Cheryl Witas at 708-614-4500 or cwitas@district146.org</p>		